

## **Appendix A: Foundation HMO Authorization Requirements** **Effective January 1, 2008**

- A. All services provided by out of plan (non-contracted) providers require prior authorization.
- B. All services provided outside of Humboldt or Del Norte County require prior authorization. HMO members must receive specialty services from local in-plan specialists when available before out-of-area services will be considered for approval, unless the requesting provider establishes the medical necessity for referring directly out-of-area.
- C. All the following general services require authorization.
- Acupuncture
  - Alcohol and Substance Abuse Treatment – inpatient and residential services
  - Biopharmaceuticals
  - Chiropractic Care
  - Durable Medical Equipment and related supplies > \$50
  - Genetic testing
  - Hearing Aids
  - Hospital - Inpatient Services (non-emergent only)
  - Infusion Therapy – ambulatory or home bound, any other than chemotherapy
  - Lupron for gynecological diagnosis
  - Mental Health- inpatient and residential services
  - Occupational Therapy
  - Orthotics and prostheses > \$50
  - Physical Therapy
  - Respiratory Care
  - Skilled Nursing Facility Services
  - Speech Therapy
  - Transplants
- D. Authorization requirements and potential benefit issues are available on the Foundation's website at [www.hdnfmc.com](http://www.hdnfmc.com). Search by CPT code or service description. Every CPT code is identified with one of the following indicators:
- |    |  |
|----|--|
| A  | Authorization required   |
| X  | Does not require authorization                                   |
| BA | Benefit issue for some plans and authorization required          |
| BX | Benefit issue for some plans but does not required authorization |

Note: Primary Care Practitioners may refer immediately without prior authorization for consultation with the following contracted specialists: Cardiology, Dermatology, Ear/Nose/Throat, Endocrinology, Gastroenterology, General Surgery, Hematology, Neurology, OB/GYN, Oncology, Ophthalmology, Orthopedic Surgery, Podiatry, and Urology. They may also order Routine Laboratory, Routine X-ray without prior authorization.