

HDNFMC/IPA  
PRIMARY CARE PHYSICIAN  
SCOPE OF SERVICE

Physician Name: \_\_\_\_\_

The services listed below have been established by the recommendation of the Quality Management Administrative Committee and approval of the Boards of Directors of the Humboldt-Del Norte Foundation for Medical Care/Independent Practice Association as falling within the general scope of practice for Primary Care Physicians. Physicians wishing to be designated Primary Care Physician membership status for the HDNFMC and/or the HDNIPA are responsible for providing these services to members within their practice. It is understood that patients with complex or co-morbid conditions may be referred to appropriate specialty providers. In the case of Pediatric Medicine, it is understood that only those sections and services listed below that are pertinent to childhood health are included in the Pediatrician's expected scope of services. Each line in each section must be checked/initialed prior to signature to complete this document.

- A. Allergic Syndromes
  - 1. Treat acute and chronic asthma
  - 2. Treat seasonal allergies
  - 3. Treat chronic minitis
  - 4. Treat hives
  
- B. Cardiovascular System
  - 1. Diagnose and initiate treatment for significant heart disease
  - 2. Evaluate chest pain, murmurs and palpitations
  - 3. Diagnose and treat common cardiovascular conditions including:
    - a. Hypertension
    - b. Congestive Heart Failure
    - c. Stable Angina
  
- C. Dermatology
  - 1. Treat acne
  - 2. Diagnose and treat common hair and nail problems
  - 3. Diagnose and treat hair and nail problems
  - 4. Diagnose and treat dermal injuries
  - 5. Identify and biopsy suspicious pigmented lesions
  
- D. Endocrine System
  - 1. Diagnose and manage the majority of diabetic patients, both with NIDDM and IDDM
  - 2. Diagnose and treat lipid disorders with diet and/or at least two (2) Medications for a minimum of six (6) months prior to referral.
  - 3. Diagnose and treat common diseases of the thyroid, obesity, and osteoporosis.
  
- E. GI System
  - 1. Diagnose and treat common GI conditions including:
    - a. Esophageal and reflux disease
    - b. Hyperacidic and duodenal ulcer disease
    - c. Infectious diarrhea
    - d. Protracted vomiting
    - e. Functional bowel disease
    - f. Diverticulitis
  - 2. Undertake evaluation and diagnosis of liver disorders
  - 3. Diagnose and treat symptomatic hemorrhoids

- F. Female Reproductive System
1. Provide pelvic examinations
  2. Diagnose and treat common GYN conditions including
    - a. Vaginitis
    - b. Sexually transmitted disease
    - c. Menstrual disorders such as dysmenorrhea or vaginal bleeding
  3. Provide contraceptive counseling and management
  4. Identify breast lumps and refer for surgical management
- G. Nervous System
1. Diagnose and treat neurologic pain syndromes including:
    - a. Headaches and migraines
    - b. Myofacial pain
    - c. TMJ syndrome
    - d. Low back pain
    - e. Lumbosacral disk disease
    - f. Sciatica
  2. Order advanced imaging procedures, such as MRI or CT scan, At an appropriate anatomic level after an appropriate clinical Evaluation and trial of conservative therapy, when treatment plan Indicates medical necessity, and authorization obtained.
  3. Evaluation and initial treatment of uncomplicated stroke and TIA
- G. Mental Health
- Initial diagnosis and follow-up of complicated mental health issues to include pharmaceutical treatment of depression and anxiety.
- I. Musculoskeletal System
1. Diagnose and treat low back pain and sciatica without neurologic defect
  2. Diagnose and treat common musculoskeletal medical and traumatic problems including:
    - a. Distant, near, and color vision testing
    - b. Gross visual field testing by confrontation
    - c. Alternate cover testing
    - d. Physical examination including fundoscopy without dilation
    - e. Extraocular muscle function evaluation
    - f. Red reflex testing in pediatric patients
  3. Diagnose and treat common eye conditions including:
    - a. Viral, bacterial and allergic conjunctivitis
    - b. Blepharitis
    - c. Hordeolum
    - d. Small subconjunctival hemorrhage
    - e. Dacryocystitis
  4. Treatment of corneal abrasion (to include fluorescein staining and patching)
- J. Otolaryngology
1. Treat tonsillitis and strep infections
  2. Treat acute otitis media
  3. Treat acute and chronic sinusitis
  4. Treat nasal obstruction, vasomotor or allergic rhinitis
  4. Remove ear wax

- K. Respiratory System
  - 1. Diagnose and treat common respiratory conditions including:
    - a. Asthma
    - b. Acute bronchitis
    - c. Pneumonia
    - d. COPD
- L. Rheumatology
  - 1. Diagnose and treat common rheumatologic conditions including:
    - a. Non-specific musculoskeletal pain
    - b. Bursitis
    - c. Tendonitis
    - d. Osteoarthritis
  - 2. Diagnose and treat acute inflammatory arthritis disease
  - 3. Diagnose and treat uncomplicated collagen diseases
- M. Urinary System
  - 1. Diagnose and treat both initial and recurrent urinary tract infections
  - 2. Treat prostatitis and manage urinary calculi
  - 3. Evaluate abnormal kidney function tests, incontinence, impotence and male factor infertility.
  - 4. Diagnose and manage early BPH

I certify that the above information is a true representation of the level of services that I will provide routinely to members of health plans contracted with the HDNFMC and/or HDNIPA.

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Physician Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date